



INTRAVENOUS SEDATION PATIENT INFORMATION

Why is Intravenous Sedation used?

- It can help people who are anxious cope with dental treatment
- It is also very useful if you are to have a surgical procedure performed

What effects does it have?

- It will NOT make you go to sleep
- You will feel drowsy and relaxed
- Most people remember very little of their treatment afterwards

How is it given?

- A small fine needle is inserted into a vein in the back of your hand or at your elbow through which you will be given a sedative medicine, Midazolam.
- You will notice the sedative effects very quickly (usually within a few minutes).
- During treatment a finger monitor will check your pulse and oxygen level, your blood pressure will also be monitored throughout the procedure.

Is it safe?

- You are not unconscious during the procedure hence the potential risks of general anaesthesia are avoided.
- You will feel drowsy following the procedure and it is important that you don't operate any machinery or drive for 24 hours afterwards.

If you decide to go ahead with Intravenous Sedation, the following instructions apply before the appointment

- **You must bring a responsible adult with you, who is able to escort only you to and from the appointment. They must be present at the appointment time and remain in the Waiting Room until you are ready to leave (usually less than 2 hours) and they must stay with you the remainder of that day. Handing over to another responsible adult is acceptable. Please ensure that children are not brought to the appointment with you.**
- It is advisable to have a light meal prior to your appointment.
- You must take all your routine medicines at the usual time unless you have been instructed to do otherwise by the Oral Surgeon.
- **You must wear flat headed shoes and loose clothing** (for example, t-shirt) that does not restrict your breathing or the inability to roll up your sleeves for monitoring devices.

- You must NOT drink alcohol for 24 hours before your appointment. You might be asked to remove false nails or nail varnish, if our monitoring equipment fails to detect your pulse or oxygen level.
- You must phone and check if you develop a cold or chest problems, or if there is a change in your health (eg pregnancy).

After sedation

- You must travel home by car or taxi – you must NOT walk or use public transport (bus or train).
- You must stay resting at home with a responsible adult present for the rest of the day.
- You must NOT drive for 24 hours.
- You must NOT use equipment that may harm you, for example kettle, iron or knives.
- You must NOT sign any important or legal documents for 24 hours whilst still under the influence of sedation.
- You must NOT drink alcohol for 24 hours after your treatment under intravenous sedation.
- You must NOT make yourself inaccessible to your escort (for example by locking the bathroom door).

If you have any questions or concerns please contact:

Dental Concepts 01256 893517

I understand the instructions given to me and accept that my treatment may be cancelled if any of the above instructions are not followed.

Signature:..... Date:.....

Name:.....