

# REPLACING MISSING TEETH



YOU WILL BE ABLE TO ENJOY YOUR FAVOURITE FOODS AGAIN AND FEEL COMFORTABLE WHEN SMILING”

Replacing missing teeth can sometimes appear a daunting prospect but we offer a variety of solutions to suit your lifestyle, wellbeing and budget. From dentures to bridges and dental implants, there is something for every patient.

## CROWNS AND BRIDGES

A crown is a type of dental restoration used to fix teeth that have been broken, weakened by decay or have a very large filling. A crown is made in the dental laboratory to fit the tooth precisely and matches the neighbouring teeth. A crown could be a good solution for you if you have some discoloured fillings and would like to improve their appearance. Bridges are usually made of a precious metal base which gives them a solid structure and makes them hard-wearing. If you need a bridge in your smile line, porcelain is usually added to the base to make it look more like real teeth. A bridge helps to strengthen the prepared teeth and makes chewing and eating

easier because they are fixed and can't come out.

## LIFE BENEFITS

- Strengthens remaining tooth structure
- Natural-looking restoration
- Functions like a real tooth, so you can bite and chew as usual

## DENTAL IMPLANTS

Implant dentistry offers a clinically proven and safe solution to getting back a great smile and being able to bite and chew with confidence. This is how they work:

1. Dental implants are small metal screws that are placed in the jaw where teeth are missing
2. Once established, crowns, bridges and dentures can be fixed onto the implants, creating a natural-looking and stable restoration

## LIFE BENEFITS:

- When you lose your natural teeth, your jaw bone and surrounding tissues start to

resorb or disappear over time. When implants are placed in the jaw, it stimulates the remaining bone to grow and mesh around the metal, along with tiny blood vessels.

- Implants help restore function so you can eat, chew and bite as usual
- Implants are a natural-looking way to replace missing teeth

## DENTURE STABILISATION

If you have loose or ill-fitting dentures, your ability to eat and speak may become affected. Thanks to advances in dentistry, there is now a procedure whereby your denture can be fixed to your jaw with dental implants. This treatment, known as implant overdentures or denture stabilisation, offers patients with dentures a more permanent solution and can improve your quality of life significantly. You will be able to enjoy your favourite foods again and feel comfortable when smiling, safe in the knowledge

that your dentures are staying put. Here is how it works:

1. You will require surgery to have the implants placed into your jaw.
2. Once the implants have integrated with the bone and surrounding tissues for a period of time, your dentures are placed on top of the implants through a range of special fixtures.
3. This means your dentures can still be removed for cleaning, but will stay in place during wear.

## LIFE BENEFITS:

- Enjoy a natural-looking smile and improved confidence in public
- Experience less irritation of your gums caused by dentures. You don't need to take your teeth out at night
- You can eat, chew and bite without your dentures falling out or having to stick to a soft food diet for the rest of your life

